

EMOTIONALLY HEALTHY SPIRITUALITY

one2one
CHURCH OF CHRIST

DAILY DEVOTIONS WEEK **SIX**
MORNING AND EVENING

**START WITH SILENCE AND STILLNESS
BEFORE GOD**

READ THE SCRIPTURE

**SPEND TIME THINKING ABOUT THE
QUESTION**

PRAY AND ASK GOD TO SPEAK TO YOU

DAY 1



READ LUKE 8:11-15

**Q-WHAT SEEDS FROM GOD MIGHT BE
COMING TO YOU THAT YOU DON'T WANT TO
MISS?**



★ READ GENESIS 2:9B, 15-17

**Q-LACK OF TRUST IS THE ESSENCE OF
THE SIN IN THE GARDEN OF EDEN. HOW
DO YOU NEED TO STOP AND SURRENDER
TO GOD IN TRUST TODAY?**

DAY 2



READ I KINGS 19:11-12

**Q- WHEN CAN YOU SET ASIDE SOME TIME
FOR EXTENDED, UNINTERRUPTED SILENCE
TO HEAR GOD?**



★ READ JOHN 15:4-6

**Q-IN WHAT WAYS ARE YOU BUSIER THAN
GOD REQUIRES?**

DAY 3



READ PSALM 46:1-3,10

Q- WHAT KEEPS YOU FROM SILENCE AND EXPERIENCING GOD?



READ MATTHEW 13:31-33

Q-IN WHAT WAYS DOES GOD WANT YOU TO GROW IN HIM AND SHARE YOUR FAITH?

DAY 4



READ MARK 2:23-28

Q-WHAT DOES THE SABBATH LOOK LIKE FOR YOU, KNOWING IT WAS MADE FOR YOU?



READ PSALM 92:1-6

Q- ARE YOU AWARE OF GOD'S PRESENCE EVERY DAY, NOT JUST ON SUNDAY?

DAY 5



READ PSALM 23:1-3

Q-HOW WILL YOU ALLOW GOD TO LEAD YOU TO THE 'QUIET WATERS' OF REST SO YOU EXPERIENCE HIS UNCONDITIONAL LOVE AND ACCEPTANCE?



READ DEUTERONOMY 5:12-15

Q-HOW MIGHT THE TRUTH THAT GOD WANTS TO ENJOY YOU , GIVE YOU A VISION FOR CELEBRATING THE SABBATH?