

EMOTIONALLY HEALTHY SPIRITUALITY

DAILY DEVOTIONS WEEK **FOUR**
MORNING AND EVENING

**START WITH SILENCE AND STILLNESS
BEFORE GOD**

READ THE SCRIPTURE

**SPEND TIME THINKING ABOUT THE
QUESTION**

PRAY AND ASK GOD TO SPEAK TO YOU

DAY 1



READ GENESIS 12: 1-3

**Q-WHAT DOES IT MEAN FOR YOU TO
TRUST IN THE SLOW WORK OF GOD
TODAY?**



★ READ SONG OF SONGS 1:2,3:1-3

**Q-WHAT TREASURES MIGHT THERE BE IN
THE DARKNESS & DIFFICULTIES IN YOUR
OWN LIFE?**

DAY 2



READ HEBREWS 12:7-11

**Q- ARE THERE SOME UNHEALTHY
ATTACHMENTS GOD WANTS TO REMOVE IN
ORDER FOR YOU TO HAVE DEEPER,
RICHER COMMUNION WITH HIM?**



★ READ GENESIS 22:9-12

**Q-IS YOUR IDENTITY FOUNDED IN GOD OR
OTHER THINGS AND PEOPLE?**

DAY 3



READ ROMANS 11:33-36

Q- HAVE YOU EVER EXPERIENCED A TERRIBLE CIRCUMSTANCE THAT IN TIME ACTUALLY TURNED OUT TO BE A BLESSING?



★ READ JOB 42:1-6

Q- HOW HAVE YOU HEARD AND SEEN GOD IN NEW WAYS?

DAY 4



READ PSALM 69:1-3, 15-16

Q-HOW IS GOD INVITING YOU TO WAIT ON HIM TODAY?



★ READ JOHN 21:17-19

Q-ARE YOU WILLING TO GO WHERE GOD LEADS YOU? WHAT JOYS OR FEARS ACCOMPANY THIS?

DAY 5



READ JAMES 1:2-5

Q-CAN YOU SEE VALUE IN PERSEVERANCE IN YOUR LIFE?



★ READ MATTHEW 26:50-53

Q-AM I HEADSTRONG AND NOT UNDERSTANDING WHAT GOD MAY BE DOING IN MY LIFE? DO I ACCEPT BOTH THE YES AND THE NO TO MY PRAYER REQUESTS?